

July 2018



Aynor Senior Center
 845 N. Main Street
 Aynor, SC 29511
 Monday-Friday
 9:00-1:00
 843-358-3066
 Manager:
 Lisa Rabon

Daily Activities

9:00-10:00
 Coffee & Puzzles
 11:30-12:00
 Lunch
 12:00-1:00
 Games

Monday	Tuesday	Wednesday	Thursday	Friday
2 10:00-10:30 Exercise 10:30-11:30 Games 12:30-1:30 Parks and Rec	3 10:00-10:30 Watermelon Seed Spitting 10:30-11:30 Bingo	4 Center Closed Independence Day  Happy 4th of July!	5 10:00-10:30 Exercise 10:30-11:30 Bingo	6 10:00-11:30 Bible Study (non-denominational) Nutrition Navigate the Buffet
9 9:30-10:00 Exercise 10:00-11:00 Singing with Larry Williams	10 10:00-10:30 Exercise 10:30-11:30 Bingo Birthday Party	11 10:00-10:30 Exercise 10:30-11:30 Games	12 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-12:30 Fire Safety	13 10:00-11:30 Singing
16 10:00-10:30 Exercise 10:30-11:30 Games	17 10:00-10:30 Chair Exercise 10:00-11:30 Bingo	18 10:00-11:30 Chair Exercise Word Games	19 10:00-11:30 Bingo Comfort Keepers 12:00-12:30 Adult Coloring	20 10:00-10:30 Games 10:30-11:30 Dancing
23 10:00-10:30 Games 10:30-11:30 Line Dancing	24 10:00-10:30 Exercise 10:30-11:30 Bingo	25 10:00-10:30 Exercise 10:30-11:30 Games	26 10:00-10:30 Chair Exercise 10:30-11:30 Bingo	27 9:30-11:30 Bible Study (non-denominational)
30 10:00-11:30 Games	31 10:00-10:30 Exercise 10:30-11:30 Bingo			

