

August 2018



North Strand
Senior Center
1223 Highway 57
Little River, SC 29566

843-399-4088
Monday-Friday
8:30-1:30
Manager:
Patsy Dew

Daily Activities
8:30-9:30
Coffee & Chat
11:00-11:30
Daily News

11:30-12:15
Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		10:00-10:30 Exercise with Betty 10:00-11:00 Singing with Patsy 12:30-1:30 Chair Exercise	9:00-10:00 Cards 10:00-11:00 Story Telling with Faye 12:00-12:30 Corn Hole	9:30-10:00 Exercise with Betty 10:00-11:00 Bingo 12:30-1:30 Music
6	7	8	9	10
9:30-10:00 Exercise with Betty 10:00-11:00 Bingo 12:30-1:30 Scrabble	10:00-10:30 Coloring 10:00-11:00 Activity with Betty 12:30-1:30 Word Search	10:00-10:30 Exercise with Betty 10:00-11:00 Devotion with Debbie (non-denominational) 12:30-1:30 Uno	9:00-10:00 Fire Safety 10:00-11:00 Singing with Patsy Nutrition Overcoming Roadblocks to Healthy Eating 12:00-12:30 Puzzles	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Phase 10
13	14	15	16	17
9:30-10:00 Exercise with Betty 10:00-11:00 Bingo 12:30-1:30 Checkers	9:00-10:00 Memory Game 10:00-11:00 Mercy Care 12:30-1:30 Family Care Givers	9:30-10:00 Exercise with Betty 10:00-11:00 Blyth with Heartland 12:30-1:30 Puzzles	9:30-10:00 Find the Difference 10:00-11:00 Bingo 12:30-1:30 WII Bowling	9:30-10:00 Exercise with Betty 10:00-11:00 Jasmo Varsity Show 12:30-1:30 Checkers
20	21	22	23	24
9:30-10:00 Exercise with Betty 10:00-11:00 Bingo 12:30-1:30 Cards	9:30-10:00 Walking 10:30-11:30 Trivia 12:30-1:30 Crafts	9:30-10:00 Exercise with Betty 10:00-11:00 Movie Time 12:30-1:30 Corn Hole	9:30-10:00 Word Search 10:00-11:00 Dancing Birthday Celebration 12:30-1:30 Bunco	9:30-10:00 Exercise with Betty 10:00-11:00 Bingo 12:30-1:30 Music
27	28	29	30	31
9:30-10:00 Exercise with Betty 10:00-11:00 Barbra with First united Church 12:30-1:30 Chair Exercise	9:30-10:00 I Spy 10:30-11:30 Bingo 12:30-1:30 Dominoes	9:30-10:00 Exercise with Betty 10:00-11:00 Trip to Dollar General 12:30-1:30 RummiKub	9:30-10:00 Current Events 10:00-11:00 Bingo 12:30-1:30 Name that Tune	9:30-10:00 Exercise with Betty 10:00-11:00 Bingo 12:30-1:30 Puzzles