

August 2018



South Strand  
 Senior Center  
 1032 10<sup>th</sup> Avenue N.  
 Surfside Beach, SC  
 29575  
 Monday-Friday  
 8:30-1:30  
 843-238-3644  
 Manager:  
 Jackie Willis

Daily Activities

8:30-9:30  
 Coffee & Chat

11:00-11:30  
 Daily News Review

11:30-12:30  
 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		9:30-10:00 Games & Cards 10:00-11:00 Corn Hole 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Cards & Games 10:00-11:00 Game Day 12:30-1:30 Cards, Games, Puzzles
6	7	8	9	10
9:30-10:00 Cards & Games Exercise 10:00-11:00 Nutrition Overcoming Roadblocks to Healthy Eating 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Bingo with Justin 12:30-1:30 Cards, Games, Puzzles  Farmer's Market	9:30-10:00 Games & Cards Exercise 10:00-11:00 Breakfast at Plantation Pancake House 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Corn Hole 12:30-1:30 Cards, Games, Puzzles
13	14	15	16	17
9:30-10:00 Cards & Games Exercise 10:00-11:00 Movie at Library 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Cards & Games 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles Farmer's Market	9:30-10:00 Cards & Games Exercise 10:00-11:00 Crafts with Marilyn 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Cards & Games 10:00-11:00 Sue from inlet Coastal 12:30-1:30 Cards, Games, Puzzles
20	21	22	23	24
9:30-10:00 Cards & Games Exercise 10:00-11:00 Corn Horn 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles  Farmer's Market	9:30-10:00 Cards & Games Exercise 10:00-11:00 Activity at Library 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Cards & Games 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Wii Bingo 12:30-1:30 Cards, Games, Puzzles
27	28	29	30	31
9:30-10:00 Cards & Games Exercise 10:00-11:00 Balloon Toss 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles  Farmer's Market	9:30-10:00 Cards & Games Exercise 10:00-11:00 Walk in the Mall 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Cards & Games Stacy Blood Pressure 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	9:30-10:00 Games & Cards 10:00-11:00 Trivia 12:30-1:30 Cards, Games, Puzzles