

September 2018



Aynor Senior
Center
845 N. Main Street
Aynor, SC 29511
Monday-Friday
9:00-1:00
843-358-3066
Manager:
Lisa Rabon

Daily Activities

9:00-10:00
Coffee & Puzzles

11:30-12:00
Lunch

12:00-1:00
Games

Monday	Tuesday	Wednesday	Thursday	Friday
3 Center Closed Labor Day	4 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-1:00 Dominos	5 10:00-10:30 Exercise Nutrition Exercise Tips for Travelers 10:30-11:30 Manicures	6 9:30-11:30 Games 10:30-11:30 Bingo 12:00-1:00 Dominos	7 10:00-11:30 Bible Study (non-denominational)
10 9:30-10:00 Exercise 10:00-11:00 Singing with Larry	11 10:00-10:30 Exercise 10:30-11:30 Bingo Birthday Party	12 10:00-10:30 Exercise 10:30-11:30 Low Country Food Bank	13 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-12:30 Fire Safety	14 10:00-11:30 Singing
17 10:00-10:30 Exercise 10:30-11:30 Games 12:00-1:00 Dominos	18 10:00-10:30 Chair Exercise 10:00-11:30 Bingo 12:00-1:00 Dominos	19 10:00-11:30 Comfort Keepers Blood Pressure Checks	20 10:00-11:30 Bingo Frank Barnhill 12:00-12:30 Dominos	21 10:00-10:30 Games 10:30-11:30 Dancing
24 10:00-10:30 Games 10:30-11:30 Dance Exercise 12:00-1:00 Dominos	25 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-1:00 Dominos	26 10:00-10:30 Exercise 10:30-11:30 Heartland Hospice Health 12:00-1:00 Dominos	27 10:00-10:30 Chair Exercise 10:30-11:30 Bingo 12:00-1:00 Dominos	28 9:30-11:30 Bible Study (non-denominational)

