

September 2018



Burgess Senior Center
 10299 Highway 707 S.
 Myrtle Beach, SC29577
 Monday-Wednesday-
 8:30-1:30
 843-650-2796
 Manager:
 Eula Mae Winningham

Daily Activities

8:30-9:00
 Coffee & Chat

9:00-9:30
 Devotions
 (Non-denominational)
 11:30-12:30
 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Center Closed Labor Day		9:30-10:30 Chair Exercise 10:30-11:30 Red Hat Club 12:30-1:30 Word Search		9:30-10:30 Exercise 10:30-11:30 Dea Roland 12:30-1:30 Socializing Speakers
10	11	12	13	14
9:30-10:30 Chair Exercise 10:30-11:30 Bingo 12:30-1:30 Sing Along Bible Quiz		9:00-10:00 Stretch Exercise Nutrition 10:00-1:00 Happiness Rev. Winningham 12:30-1:30 Corn Throw		9:30-10:30 Exercise 10:30-11:30 Spelling Bee 12:30-1:30 Wii Games
17	18	19	20	21
9:30-10:30 Exercise 10:30-11:30 Bingo 12:30-1:30 RummiKub Game		9:30-10:30 Arm & Leg Exercise 10:30-11:30 Birthday Party Celebration & Lunch 12:30-1:30 Noah Game		9:30-10:30 Chair Exercise 10:30-11:30 Spoon the Marshmallow 12:30-1:30 Madea Movie
24	25	26	27	28
9:30-10:30 Exercise 10:30-11:30 Bingo 12:30-1:30 Exchanging Recipes		9:30-10:30 Chair Exercise 10:30-11:30 Minister Williams Joy 12:30-1:30 Sing Along Group		9:30-10:30 Exercise 10:30-11:30 Thankful Rev. Williams 12:30-1:30 Horse Shoes

Friday