

September 2018



Green Sea Floyds
Senior Center

5331 Highway 9
Nichols, SC 29581
843-392-0967

Fax 843-392-0968

Monday-Wednesday-Friday

8:30-1:30

Manager:

Lorene Wright

Daily Activities

8:30-9:30

Coffee & Chat
Games & Puzzles

9:30-10:00 Daily

Walk, Walk, Walk Exercise

11:00-11:30

Swap & Share

11:30-12:15

Lunch

12:15-1:30

Project / Fellowship
Needlework & Crafts

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Center Closed Labor Day		10:00-11:00 Devotions with Hunter (non-denominational) Win the Pot Blood Pressure Checks- Amedisys		10:00-11:15 Bingo Coffee Club at the Library
10	11	12	13	14
10:00-11:15 Nutrition Movie Day Coloring Book Chair Exercise Word Search		10:00-11:00 Balance Exercise Devotions with Tonee Campbell (non-denominational) Win the Pot		10:00-11:15 Bingo Coffee Club at Library Chair Exercise
17	18	19	20	21
10:00-11:15 Corn Hole Adult Coloring Chair Exercise Word Search		10:00-11:15 Devotions & Singing with Donny and Linda (non-denominational) Win the Pot		10:00-11:15 Bingo Coffee Club at Library Safety Topic
24	25	26	27	28
10:00-11:15 Corn Hole Adult Coloring Chair Exercise Word Search		10:00-11:15 Devotions & Singing with Jimmy Doyle (non-denominational) Win the Pot		10:00-11:15 Bingo Coffee Club at Library Fire Drill