NOVEMBER 2018

Horry County Council on Aging

Grand Strand
Senior Center
1268 21st Ave N.
Myrtle Beach, SC
29577

Monday-Friday
843-626-3991
9a-3p

Program Manager:
Jennifer Bell

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 9-10 Yoga 9:00-12:00 Creative Artists 10:00 -1:00 Watercolor Class 10:30-2:00 Rubber Bridge 11:00-3:00 Canasta (Beg) 12:30-3:00 Yarn & Yak 12:30-2:30p Bingo 6:30p-8:30p Stutters Square Dance	2 9:00-3:00 Oil Painting Class 9:00-3:00 Open Cards 9:30-10:30 Bereavement 10:45-11:45 Loss/Transition Group	3	4
5 9:00-12:00 Creative Artists 10:30-2:00 Rubber Bridge 11-12:30 Rock 'N Ettes 12:30-3:30 Bunco 12:30 - 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance 11:30-12:30 Ukulele Class 1:00-2:00 Guitar & Piano Class **6a;30p-8:30p Sand Dollar Square Dance**	6 9-10 Yoga 9:30-12:00 Craft Class 12:00-3:00 Scrabble 11:30-3:00 Canasta 12:30-2:30 Bingo 5:30-7:30 AA Meetup 6:45-8:30 Compassionate Friends 7p – 8:30p Stamp Club	7 9:00-12:00 Quilting Class 9:00-12:00 Oil Painting 9:00-3:00 Open Cards 10:00-12:00 Blood Pressure Screenings 11:00-2:00 Mah Jongg Beginners 10:00-2:00 Pinochle 11:30-12:30 Chair Dance Exercise 12:30 – 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance **6:30p-8:30p Advancers Square Dance** 7p – 8:30p Ancient Order of Hiberians	8 9-10 Yoga 9:00-12:00 Creative Artists 10:00 -1:00 Watercolor Class 10:30-2:00 Rubber Bridge 11:00-3:00 Canasta (Beg) 12:30-3:00 Yarn & Yak 12:30-2:30p Bingo 6:30p-8:30p Stutters Square Dance	9 9:00-3:00 Oil Painting Class 9:00-3:00 Open Cards 9:30-10:30 Bereavement 10:45-11:45 Loss/Transition Group	10	11
12 9:00-12:00 Creative Artists 10:30-2:00 Rubber Bridge 11-12:30 Rock 'N Ettes 12:30-3:30 Bunco 12:30 - 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance 11:30-12:30 Ukulele Class 1:00-2:00 Guitar & Piano Class **6a;30p-8:30p Sand Dollar Square Dance**	13 9-10 Yoga 9:30-12:00 Craft Class 12:00-3:00 Scrabble 11-12 Medicare Seminar 11:30-3:00 Canasta 12:30-2:30 Bingo 5:30-7:30 AA Meetup	14 9:00-12:00 Quilting Class 9:00-12:00 Oil Painting 9:00-3:00 Open Cards 10:00-12:00 Blood Pressure Screenings 11:00-2:00 Mah Jongg Beginners 10:00-2:00 Pinochle 11:30-12:30 Chair Dance Exercise 12:30 – 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance **6:30p-8:30p Advancers Square Dance**	15 9-10 Yoga 9:00-12:00 Creative Artists 10:00 -1:00 Watercolor Class 10:30-2:00 Rubber Bridge 11:00-3:00 Canasta (Beg) 12:30-3:00 Yarn & Yak 12:30-2:30p Bingo 6:30p-8:30p Stutters Square Dance	16 9:00-3:00 Oil Painting Class 9:00-3:00 Open Cards 9:30-10:30 Bereavement 10:45-11:45 Loss/Transition Group **7p Children's Theater Production of Peter Pan Jr.**	17 **Children's Theater Production Peter Pan Jr 11:00 am & 7:00 pm**	18 **Children's Theater Production Peter Pan Jr 2:00 pm** Orchid Society 6:00p
19 9:00 – 11:30 Medicare Seminar 9:00-12:00 Creative Artists 10:30-2:00 Rubber Bridge 11-12:30 Rock 'N Ettes 12:30-3:30 Bunco 12:30 - 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance 11:30-12:30 Ukulele Class 1:00-2:00 Guitar & Piano Class **6a;30p-8:30p Sand Dollar Square Dance**	20 9-10 Yoga 9:30-12:00 Craft Class 12:00-3:00 Scrabble 11:30-3:00 Canasta 12:30-2:30 Bingo 6:00p – Survivors of Suicide Loss 5:30-7:30 AA Meetup	219:00-12:00 Quilting Class 9:00-12:00 Oil Painting 9:00-3:00 Open Cards 10:00-12:00 Blood Pressure Screenings 11:00-2:00 Mah Jongg Beginners 10:00-2:00 Pinochle 11:30-12:30 Chair Dance Exercise 12:30 – 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance **6:30p-8:30p Advancers Square Dance**	22 CLOSED	23 CLOSED	24	25
26 9:00-12:00 Creative Artists 10:30-2:00 Rubber Bridge 11-12:30 Rock 'N Ettes 12:30-3:30 Bunco 12:30 - 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance 11:30-12:30 Ukulele Class 1:00-2:00 Guitar & Piano Class **6a;30p-8:30p Sand Dollar Square Dance**	27 9-10 Yoga 9:30-12:00 Craft Class 12:00-3:00 Scrabble 11:30-3:00 Canasta 12:30-2:30 Bingo 4-4:45 Tai Chi 5:30-7:30 AA Meetup	28 9:00-12:00 Quilting Class 9:00-12:00 Oil Painting 9:00-3:00 Open Cards 10:00-12:00 Blood Pressure Screenings 11:00-2:00 Mah Jongg Beginners 10:00-2:00 Pinochle 11:30-12:30 Chair Dance Exercise 12:30 – 1:30 Lite Line Dance 1:30 - 2:30 Beg. Line Dance **6:30p-8:30p Advancers Square Dance**	29 9-10 Yoga 9:00-12:00 Creative Artists 10:00 -1:00 Watercolor Class 10:30-2:00 Rubber Bridge 11:00-3:00 Canasta (Beg) 3:00-6:00 Medicare Seminar 12:30-3:00 Yarn & Yak 12:30-2:30p Bingo 6:30p-8:30p Stutters Square Dance	30 9:00-3:00 Oil Painting Class 9:00-3:00 Open Cards 9:30-10:30 Bereavement 10:45-11:45 Loss/Transition Group		