

November 2018



Green Sea Floyds

Senior Center

5331 Highway 9

Nichols, SC 29581

843-392-0967

Fax 843-392-0968

Monday-Wednesday-Friday

8:30-1:30

Manager:

Lorene Wright

Daily Activities

8:30-9:30

Coffee & Chat

Games & Puzzles

9:30-10:00 Daily

Walk, Walk, Walk Exercise

11:00-11:30

Swap & Share

11:30-12:15

Lunch

12:15-1:30

Project / Fellowship

Needlework & Crafts

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
				10:00-11:15 Bingo Coffee Club at the Library
5	6	7	8	9
10:00-11:15 Nutrition Build a Healthy Meal Movie Day Coloring Book Chair Exercise Word Search		10:00-11:00 Balance Exercise  Devotions with Tonee Campbell (non-denominational)  Win the Pot		10:00-11:15 Bingo Coffee Club at Library Chair Exercise
12	13	14	15	16
10:00-11:15 Corn Hole Adult Coloring Chair Exercise Word Search		10:00-11:15 Devotions & Singing with Donny and Linda (non-denominational)  Win the Pot		10:00-11:15 Bingo Coffee Club at Library Safety Topic
19	20	21	22	23
10:00-11:15 Corn Hole Adult Coloring Chair Exercise Word Search		10:00-11:15 Devotions & Singing with Jimmy Doyle (non-denominational)  Win the Pot		10:00-11:15 Bingo Coffee Club at Library Fire Drill
26	27	28	29	30
10:00-11:00 Movie Day Adult Coloring Chair Exercise Word Search		10:00-11:15 Singing with Jimmy Doyle (non-denominational)  Win the Pot		10:00-11:15 Bingo Coffee Club Fire Drill