

November 2018



North Strand  
 Senior Center  
 1223 Highway 57  
 Little River, SC 29566

843-399-4088  
 Monday-Friday  
 8:30-1:30  
 Manager:  
 Patsy Dew

Daily Activities  
 8:30-9:30  
 Coffee & Chat  
 11:00-11:30  
 Daily News

11:30-12:15  
 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			9:00-10:00 Nutrition Build a Healthy Meal 10:00-11:00 Balloon Toss 12:00-12:30 Craft	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Did you know
5	6	7	8	9
9:30-10:00 Coloring 10:00-11:00 Bingo 12:30-1:30 Wii Bowling	10:00-10:30 Fire Safety 10:00-11:00 Game of Knowledge 12:30-1:30 Bunco	10:00-10:30 Exercise 10:00-11:00 Devotions with Debbie (non-denominational) 12:30-1:30 Chat pack	9:00-10:00 Memory Game 10:00-11:00 Sarah with Hospice Veterans Day Celebration 12:00-12:30 Chair Exercise	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Name that Tune
12	13	14	15	16
9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Dominos	9:00-10:00 Walking 10:00-11:00 Mercy Care Hospice 12:30-1:30 Family Care Givers	9:30-10:00 Exercise 10:00-11:00 Balloon Toss 12:30-1:30 Trivia	9:30-10:00 Cards 10:00-11:00 Bingo 12:30-1:30 Find the Difference	9:30-10:00 Exercise 10:00-11:00 Jasmo Varsity Show 12:30-1:30 RummiKub
19	20	21	22	23
9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Chat Pack	9:30-10:00 Walking 10:30-11:30 Emily with Amedisys Hospice 12:30-1:30 Phase 10	9:30-10:00 Exercise 10:00-11:00 Blyth Heartland 12:30-1:30 Cards Games	<b>Center Closed</b>  <b>Thanksgiving</b>	<b>Center Closed</b>
26	27	28	29	30
9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Music	10:00-10:30 Word Search 10:00-11:00 Trivia 12:30-1:30 Puzzles	9:30-10:00 Exercise 10:00-11:00 Jewelry Party 12:30-1:30 Music	9:30-10:00 Cards 10:00-11:00 Game Day Birthday Party 12:30-1:30 Checkers	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Balloon Toss