

November 2018



South Strand
 Senior Center
 1032 10th Avenue N.
 Surfside Beach, SC
 29575
 Monday-Friday
 8:30-1:30
 843-238-3644
 Manager:
 Jackie Willis

Daily Activities

8:30-9:30
 Coffee & Chat

11:00-11:30

Daily News Review

11:30-12:30

Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| | | | 1 | 2 |
| | | | 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Cards & Games 10:00-11:00 Corn Hole 12:30-1:30 Cards, Games, Puzzles |
| 5 | 6 | 7 | 8 | 9 |
| 9:30-10:00 Cards & Games Exercise 10:00-11:00 Nutrition Build a Healthy Meal 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Tideland Health Exercise with Michael 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Game Day 12:30-1:30 Alabama Theater |
| 12 | 13 | 14 | 15 | 16 |
| 9:30-10:00 Cards & Games Exercise 10:00-11:00 Movie at Library 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Cards & Games 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Cards & Games Exercise 10:00-11:00 Crafts with Marilyn 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Cards & Games 10:00-11:00 Sue from inlet Coastal Resort 12:30-1:30 Cards, Games, Puzzles |
| 19 | 20 | 21 | 22 | 23 |
| 9:30-10:00 Cards & Games Exercise 10:00-11:00 Safety Tip for Seniors 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Cards & Games 10:00-11:00 Walk In the mall 12:30-1:30 Cards, Games, Puzzles | CENTER CLOSED Thanksgiving Day | CENTER CLOSED Thanksgiving Day |
| 26 | 27 | 28 | 29 | 30 |
| 9:30-10:00 Cards & Games Exercise 10:00-11:00 Chat Pack Game 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Cards & Games 10:00-11:00 Activity at Library 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles | 9:30-10:00 Games & Cards 10:00-11:00 Balloon Toss 12:30-1:30 Cards, Games, Puzzles |

