

January 2019



Burgess Senior Center
 10299 Highway 707 S.
 Myrtle Beach, SC29577
 Monday-Wednesday-Friday
 8:30-1:30
 843-650-2796
 Manager:

Eula Mae Winningham

Daily Activities

8:30-9:00
 Coffee & Chat

9:00-9:30
 Devotions
 (Non-denominational)

11:30-12:30
 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
		9:00-10:00 Exercise 10:30-11:30 Red Hat Club 12:30-1:30 Mary Kay		9:30-10:30 Exercise 10:30-11:30 Rev. Williams (non-denominational) 12:30-1:30 Movie Madea Family Reunion
7	8	9	10	11
9:30-10:30 Exercise 10:30-11:30 Bingo 12:30-1:30 RummiKub Game		9:00-10:00 Exercise 10:30-11:30 Nutrition Minister Williams 12:30-1:30 Little River Medical		9:30-10:30 Exercise 10:30-11:30 Caring Hands Home Care 12:30-1:30 Noah Ark Game
14	15	16	17	18
9:30-10:30 Exercise 10:30-11:30 Bingo 12:30-1:30 Game Love & Happiness		9:30-10:30 Arm & Leg Exercise 10:30-11:30 Birthday Party Celebration & Lunch 12:30-1:30 RummiKub		9:30-10:30 Chair Exercise 10:30-11:30 Spoon the Marshmallow 12:30-1:30 Madea Movie
21	22	23	24	25
Center Closed Martin Luther King Jr Day		9:30-10:30 Exercise 10:30-11:30 Exchanging Recipes 12:30-1:30 Scrabble Game		9:30-10:30 Exercise 10:30-11:30 Sue Coastal Inlet Resort 12:30-1:30 Fun & Games
28	29	30	31	
9:30-10:30 Exercise 10:30-11:30 Horse Shoes 12:30-1:30 Bible Quiz (non-denominational)		9:30-10:30 Exercise 10:30-11:30 Go Fish 12:30-1:30 RummiKub and Other Games		