

January 2019



North Strand

Senior Center

1223 Highway 57

Little River, SC 29566

843-399-4088

Monday-Friday

8:30-1:30

Manager:

Patsy Dew

Daily Activities

8:30-9:30

Coffee & Chat

11:00-11:30

Daily News

11:30-12:15

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Happy New Year Center Closed	10:00-10:30 Exercise 10:00-11:00 Bingo 12:30-1:30 Bunco	9:00-10:00 Nutrition Enjoy your food, but Eat less 10:00-11:00 Digital Learning HCAE 12:00-12:30 Craft	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Checkers
7	8	9	10	11
9:00-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Crafts	10:00-10:30 Fire Safety 10:00-11:00 Bingo 12:30-1:30 Bunco	10:00-10:30 Exercise 10:00-11:00 Devotions with Debbie (non-denominational) 12:30-1:30 Chat Pack	9:00-10:00 Memory Game 10:00-11:00 Singing with Ruth and Patsy 12:00-12:30 Chair Exercise	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Trivia
14	15	16	17	18
9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Dominos	9:00-10:00 Walking 10:00-11:00 Mercy Care Hospice 12:30-1:30 Family Care Givers	9:30-10:00 Exercise 10:00-11:00 Blyth with Heartland 12:30-1:30 Scrabble	9:30-10:00 Cards 10:00-11:00 Bingo 12:30-1:30 Find the Difference	9:30-10:00 Exercise 10:00-11:00 Jasco Varsity Show 12:30-1:30 Did you know
21	22	23	24	25
Center Closed Martin Luther King Jr Day	9:30-10:00 Cards 10:00-11:00 Bingo 12:30-1:30 Music	9:30-10:00 Exercise 10:00-11:00 Trivia 12:30-1:30 Name That Tune	9:30-10:00 Word Search 10:00-11:00 Birthday Party 12:30-1:30 RummiKub	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Balloon Toss
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9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Checkers				