

March 2019



Aynor Senior  
Center  
845 N. Main Street  
Aynor, SC 29511  
Monday-Friday  
9:00-1:00  
843-358-3066  
Manager:  
Lisa Rabon

Daily Activities

9:00-10:00  
Coffee & Puzzles

11:30-12:00  
Lunch

12:00-1:00  
Games

Monday	Tuesday	Wednesday	Thursday	Friday
				1 10:00-11:30 Bible Study (non-denominational) 12:00-1:00 Games
4 10:00-10:30 Exercise Nutrition Choose My Plate 10:30-11:30 Games 12:00-1:00 Dominos	5 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-1:00 Games	6 10:00-10:30 Alicia Johnson with Patriots Healthcare 12:00-1:00 Games	7 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-12:30 Fire Safety	8 9:00-11:30 Visit Nursing Home 12:00-1:00 Games
11 10:00-10:30 Exercise 10:30-11:30 Singing with Larry 12:00-1:00 Dominos	12 10:00-10:30 Chair Exercise 10:00-11:30 Anchor Club Bingo Birthday Party	13 10:00-11:30 Exercise 10:30-11:30 Crafts 12:00-1:00 Games	14 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-1:00 Games	15 10:00-10:30 Exercise 10:30-11:30 Bible Study (non-denominational) 12:00-1:00 Games
18 10:00-10:30 Exercise 10:30-1:00 Games	19 10:00-10:30 Dance Exercise 10:00-11:30 Bingo 12:00-1:00 Games	20 10:00-10:30 Exercise 10:00-11:30 Heartland Blood Pressure Checks	21 10:00-10:30 Exercise 10:30-11:30 Bingo 12:00-1:00 Games	22 10:00-10:30 Exercise 10:30-11:30 Bible Study (non-denominational) 12:00-1:00 Games
25 10:00-10:30 Exercise 10:30-11:30 Singing with Earl and Linwood 12:00-1:00 Dominos	26 10:00-10:30 Exercise 10:00-11:30 Bingo 12:00-1:00 Games	27 10:00-10:30 Exercise 10:00-11:30 Games 12:00-1:00 Dominos	28 10:00-10:30 Exercise 10:00-11:30 Bingo 12:00-1:00 Games	29 10:00-10:30 Exercise 10:30-11:30 Bible Study (non-denominational) 12:00-1:00 Games

Calendar Subject to Change

