

March 2019



North Strand
 Senior Center
 1223 Highway 57
 Little River, SC 29566

843-399-4088
 Monday-Friday
 8:30-1:30
 Manager:
 Patsy Dew

Daily Activities
 8:30-9:30
 Coffee & Chat
 11:00-11:30
 Daily News
 11:30-12:15
 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Checkers
4	5	6	7	8
9:00-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Corn Hole	10:00-10:30 Nutrition Choose my Plate 10:00-11:00 Game Day 12:30-1:30 Bunco	10:00-10:30 Exercise 10:00-11:00 Balloon Toss 12:30-1:30 Chat Pack	9:00-10:00 Memory Game 10:00-11:00 Singing with Ruth and Patsy 12:00-12:30 Chair Exercise	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Trivia
11	12	13	14	15
9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Dominos	9:00-10:00 Fire Safety 10:00-11:00 Trivia 12:30-1:30 Family Care Givers	9:30-10:00 Exercise 10:00-11:00 Devotions with Debbie (non-denominational) 12:30-1:30 Scrabble	9:30-10:00 Puzzles 10:00-11:00 Medicare Program 12:30-1:30 Bunco	9:30-10:00 Exercise 10:00-11:00 Jasmo Varsity Show 12:30-1:30 Did you know
18	19	20	21	22
9:30-10:00 Word Search 10:00-11:00 Bingo 12:30-1:30 Phase 10	9:30-10:00 Cards 10:00-11:00 Mercy Care Hospice 12:30-1:30 Music	9:30-10:00 Exercise 10:00-11:00 Trip to Dollar General 12:30-1:30 Name That Tune	9:30-10:00 Word Search 10:00-11:00 Move Day War Room 12:30-1:30 RummiKub	9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Balloon Toss
25	26	27	28	29
9:30-10:00 Exercise 10:00-11:00 Bingo 12:30-1:30 Checkers	9:30-10:00 Walking 10:00-11:00 Chat Pack 12:30-1:30 Scrabble	9:30-10:00 Exercise 10:00-11:00 Blyth with Heartland Birthday Party 12:30-1:30 Checkers	9:30-10:00 Cards 10:00-11:00 Singing 12:30-1:30 Music	9:30-10:00 Coloring 10:00-11:00 Bingo 12:30-1:30 Dominoes