

March 2019



South Strand
Senior Center
1032 10th Avenue N.
Surfside Beach, SC
29575
Monday-Friday
8:30-1:30
843-238-3644
Manager:
Jackie Willis

Daily Activities

8:30-9:30
Coffee & Chat

11:00-11:30
Daily News Review

11:30-12:30
Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 9:30-10:00 Games & Cards 10:00-11:00 Corn Hole 12:30-1:30 Cards, Games, Puzzles
4 9:30-10:00 Cards & Games Exercise 10:00-11:00 Nutrition Choose my Plate 12:30-1:30 Cards, Games, Puzzles	5 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	6 9:30-10:00 Games & Cards 10:00-11:00 Exercise with Michael Tideland's Health 12:30-1:30 Cards, Games, Puzzles	7 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	8 9:30-10:00 Games & Cards 10:00-11:00 Crafts with Marilyn 12:30-1:30 Cards, Games, Puzzles
11 9:30-10:00 Cards & Games Exercise 10:00-11:00 Movie at Library 12:30-1:30 Cards, Games, Puzzles	12 9:30-10:00 Cards & Games 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	13 9:30-10:00 Cards & Games Exercise 10:00-11:00 Shop Hamricks 12:30-1:30 Cards, Games, Puzzles	14 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	15 9:30-10:00 Cards & Games 10:00-11:00 Sue with Inlet Resort 12:30-1:30 Cards, Games, Puzzles
18 9:30-10:30 Cards & Games 10:00-11:00 Samantha with Waccamaw Medicare	19 9:30-10:00 Cards & Games 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	20 9:30-10:00 Cards & Games 10:00-11:00 Wearing Spring Hat 12:30-1:30 Shop at Burks Department Store	21 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	22 9:30-10:00 Cards & Games 10:00-11:00 Trivia 12:30-1:30 Cards, Games, Puzzles
25 9:30-10:00 Cards & Games Exercise 10:00-11:00 Safety Tips for Seniors 12:30-1:30 Cards, Games, Puzzles	26 9:30-10:00 Cards & Games 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	27 9:30-10:00 Cards & Games 10:00-11:00 Activity at Library 12:30-1:30 Cards, Games, Puzzles	28 9:30-10:00 Games & Cards 10:00-11:00 Bingo 12:30-1:30 Cards, Games, Puzzles	29 9:30-10:00 Cards & Games 10:00-11:00 Crafts with Marilyn 12:30-1:30 Cards, Games, Puzzles

